



JIMMY THE GREEK®

MEALS

Meals include Greek salad, rice and roasted potatoes

| | | Cals |
|----------------------------|-------|-------|
| Chicken Souvlaki | 11.99 | 850 |
| Chicken Fillet | 11.99 | 840 |
| Pork Souvlaki | 10.99 | 900 |
| Gyros | 11.99 | 1,070 |
| Roast Chicken | 10.49 | 1,140 |
| Chicken Schnitzel | 11.99 | 1,070 |
| Spinach Cheese Pie | 9.99 | 990 |
| Cheese Pie | 9.99 | 970 |
| Roast Lamb | 14.49 | 1,200 |
| Grilled Lamb Chops | 14.49 | 970 |
| Moussaka | 10.99 | 1,430 |
| Grilled Vegetable Souvlaki | 10.79 | 740 |
| Shrimp Griller | 12.75 | 700 |
| Fried Calamari | 12.75 | 1,010 |
| Grilled Salmon Fillet | 14.49 | 860 |
| Rice Dolmades | 9.75 | 840 |
| Vegetable | 8.99 | 630 |
| Falafel | 10.49 | 990 |

PITAS

Topped with tomatoes, onions & tzatziki

| | WITH SALAD | Cals |
|----------------------|------------|-----------|
| Chicken Souvlaki | 7.69/11.49 | 550/830 |
| Chicken Fillet | 7.69/11.49 | 540/820 |
| Pork Souvlaki | 6.69/10.49 | 600/890 |
| Gyros | 7.69/11.49 | 770/1,050 |
| Falafel | 6.19/9.99 | 680/970 |
| Grilled Veg.Souvlaki | 6.49/10.29 | 460/710 |

GREEK SALADS

| | | Cals |
|-----------------------|-----------|---------|
| Greek Salad | 6.99/8.99 | 250/570 |
| Chicken Fillet | 11.99 | 780 |
| Shrimp Griller | 12.75 | 640 |
| Fried Calamari | 12.75 | 950 |
| Grilled Salmon Fillet | 14.49 | 800 |

EXTRAS

| | | Cals |
|-----------------------|------|------|
| Chicken Souvlaki | 4.25 | 220 |
| Pork Souvlaki | 3.99 | 270 |
| Spinach Cheese Pie | 3.75 | 360 |
| Oven Baked Rice | 3.99 | 580 |
| Oven Roasted Potatoes | 3.99 | 200 |
| Rice Dolmades (4 pcs) | 2.99 | 150 |
| Pita Bread | 1.25 | 230 |
| Tzatziki | 1.00 | 70 |
| Feta Cheese | 1.00 | 130 |

BEVERAGES

| | | Cals |
|-------------------------------|------|---------|
| Can Pop | 1.70 | 0-160 |
| Bottle Pop | 2.70 | 0-220 |
| Lrg Juices | 2.95 | 200-230 |
| Sm Ice Tea | 1.95 | 0-110 |
| Lrg Ice Tea | 2.95 | 0-160 |
| Ioli Spring Water | 2.45 | 0 |
| Souroti Natural Mineral Water | 2.70 | 0 |
| Vitamin Water | 3.19 | 0-130 |
| Sm Milk | 1.95 | 130-150 |
| Lrg Milk | 2.95 | 260-300 |

DESSERT

| | | Cals per piece |
|---------|------|----------------|
| Baklava | 3.50 | 370 |

PARTY TRAYS

| ITEM | 1/2 TRAY (12 SERVINGS) | FULL/TRAY (24 SERVINGS) | Cals per serving |
|-----------------------|---------------------------|----------------------------|------------------|
| Greek Salad | \$50 | \$75 | 250 |
| Oven Baked Rice | \$40 | \$65 | 580 |
| Oven Roasted Potatoes | \$40 | \$65 | 200 |
| Moussaka | \$65 | \$105 | 800 |

SOLD BY THE PIECE

| | | Cals |
|------------------------|------|------|
| Chicken Souvlaki stick | 4.25 | 220 |
| Chicken Fillet | 4.25 | 210 |
| Pork Souvlaki stick | 3.99 | 270 |
| Spinach Cheese Pie | 3.75 | 360 |
| Grilled Salmon Fillet | 8.99 | 230 |

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.